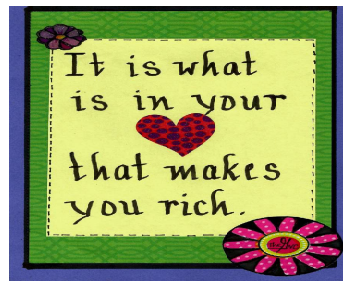


Nutrition Menu

Nellie Sawyer: 426-8309



Feb-20

Office Hours: 9am-1pm

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lunch is Served at 11:45am Milk is Served With Each Meal						1 Donations are Accepted, Needed and Appreciated!
2	Beef Stroganoff 3 Green Beans Applesauce Cornbread Pudding	Baked Pork Chop 4 Collards Potatoes Au Gratin of Scalloped Fruit Crisp Roll	Meatloaf w/red sauce 5 Lima beans Pineapple Chunks Brown Rice Bread/Roll	BBQ Sandwich 6 Coleslaw Fresh Fruit Buttered Potatoes Graham Crackers	Chicken Salad 7 Beets Orange Juice Pasta Salad Crackers Angel Cake	8
9	Leg Quarter Oven Fried Peas 10 Pineapple Baked Potato Wheat Roll	Spaghetti w/ Meat Sauce 11 California Blend Veggies Baked Spiced Apples Garlic Bread Pudding	Smoked Sausage w/bun 12 Baked Beans Cabbage Brownies	Baked Turkey 13 Carrots Cranberry Sauce Bread Stuffing Brown Rice Pudding	14 Beef Stew w/ Potatoes & Vegetables Garden Salad Orange Juice Wheat Roll Fruit Cobbler	15
16	Salisbury Steak w/gravy 17 Mashed Potatoes Peas & Carrots Pineapple Roll Apple Crisp	Roasted Pork w/Gravy 18 Stewed Potatoes Succotash Cornbread Orange Cookie	Beef Tips w/gravy 19 Sauteed Spinach Brown Rice Peaches Wheat Roll	Fish Filet 20 Broccoli Potatoes Au Gratin Strawberries Wheat Roll Pudding	Cheeseburger w/bun 21 Baked Beans Baked Cinnamon Apples Cake	22
23	Turkey Sausage with peppers 24 Carrots Roasted Potatoes Roll Peach Cobbler	Baked Ham 25 California Blend Vegetables Sweet Potato w/Marshmallows Pears Bread	Chili w/beef 26 Broccoli Orange Juice Pimento Cheese Sandwich Jello	BBQ Chicken 27 Leg Quarter Peas Cinnamon Apples Mac & Cheese Cornbread	28 Roast Beef & Cheese Sub Garden Salad Mandarin Oranges Cookie	29