

Nutrition Menu



June 2019

Nellie Sawyer 426-8309 Office Hours: 9am-1pm

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lunch is Served at 11:45am Milk is Served With Each Meal						1
2	3 Fish Sandwich Parsley Potatoes Blueberry Crisp	4 BBQ Chicken Leg Quarter Fresh Fruit Peas Mac & Cheese Corn Muffin	5 Pasta/Meat Sauce Carrots Pears Garlic Bread Pudding	6 Chicken Fettuccini Alfredo Tossed Salad Strawberries Garlic Bread	7 Chef Salad w/Ham & Cheese Juice Crackers Potato Salad Butter Cookie	8
9	10 Lasagna w/beef California Blend Vegetables Juice Black Beans Garlic Bread	11 Meat Loaf/Sauce Lima Beans Fresh Fruit Cheesy Potatoes Au Gratin Roll Brownie	12 BBQ Sandwich Coleslaw Fresh Fruit Buttered Potatoes	13 Sliced Ham Cabbage Pineapple Juice Red Potatoes Cornbread Cake	14 Chicken Salad w/lettuce Cucumber & Tomato Salad Peaches Macaroni Salad Crackers Pudding w/Topping	15
16 	17 Cheeseburger w/bun Green Beans Juice Cobbler	18 Pork Roast/Gravy Stewed Tomatoes Fresh Fruit White Rice Wheat Bread Brownie	19 Chicken Stir-Fry Broccoli Pineapple Egg Roll Steamed Rice	20 Spaghetti/Meat Sauce California Blend Vegetables Fresh Fruit Bread Stick Pudding	21 Tuna Salad/Lettuce Pickled Beets Orange Juice Pasta Salad Crackers Cake	22
23	24 BBQ Riblets Coleslaw Peaches Succotash Roll	25 Smoked Sausage w/bun Baked Beans Applesauce Pudding	26 Salisbury Steak/Gravy Peas Oranges Juice Mashed Potatoes Roll Cookies	27 Chicken Breast with Gravy Broccoli & Rice Casserole Fresh Fruit Wheat Bread Chocolate Cake	28 Chicken Salad/Lettuce Three Bean Salad Orange Salad Macaroni Salad Crackers Choc Chip Cookies	29
30						Donations are Accepted, Needed and Appreciated!