

# Nutrition Menu

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August 21, 2020

Aug-20  
Office Hours: 9am-1pm

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Curbside Meal Lunch Pickup at 11:30am Milk is Served With Each Meal						1 Donations are Accepted, Needed and Appreciated!
2 BBQ Chicken Leg Quarter Peas Mac & Cheese Fresh Fruit Corn Muffin	3 Tuna Salad w/Lettuce Pickled Beets Orange Juice Pasta Salad Crackers Cake	4 Chili w/beef and beans Broccoli Orange Juice Pimento Cheese Sandwich Jello	5 Roast Beef & Cheese Sub Garden Salad Mandarin Oranges Cookie	6 Spaghetti w/Meat Sauce California Blend Vegetables Baked Spiced Apples Garlic Bread Pudding	7 BBQ Chicken w/Meat Sauce California Blend Vegetables Baked Spiced Apples Garlic Bread Pudding	8
9 Smoked Sausage w/bun Baked Beans Applesauce Pudding	10 Turkey & Ham Club w/cheese Tossed Salad Fruit Cocktail Spice Cake	11 Meatloaf w/red sauce Lima Beans Pineapple Chunks Brown Rice Wheat Bread/Roll	12 Chicken Salad Beets Orange Juice Pasta Salad Crackers Angel Cake	13 BBQ Sandwich Coleslaw Fresh Fruit Buttered Potatoes Graham Crackers	14 BBQ Sandwich Coleslaw Fresh Fruit Buttered Potatoes Graham Crackers	15
16 Baked Pork Chop Collards Potatoes Au Gratin or Scalloped Fruit Crisp Roll	17 Chicken Wrap with Cheese Cucumber & Tomato Salad Macaroni Salad Peaches Pudding with Topping	18 Baked Ham Cabbage Peas Sweet Potatoes w/marshmallows Wheat Roll or Bread	19 Turkey Sub w/cheese Tossed Salad Fruit Cocktail Cake	20 Lasagna w/beef California Blend Vegetables Orange Juice Corn Garlic Bread	21 Lasagna w/beef California Blend Vegetables Orange Juice Corn Garlic Bread	22
23 Salisbury Steak w/gravy Peas and Carrots Pineapple Chunks Mashed Potatoes Wheat Roll/Bread Apple Crisp	24 Chicken Salad with Lettuce Three Bean Salad Orange Juice Macaroni Salad Crackers Chocolate Chip Cookies	25 Roasted Pork w/gravy Stewed Potatoes Fresh Orange Succotash Cornbread Cookie	26 Chef Salad with Ham & Cheese Strawberries Potato Salad Crackers Cookie	27 Cheeseburger w/bun Baked Beans Baked Cinnamon Apples Apple Cake	28 Cheeseburger w/bun Baked Beans Baked Cinnamon Apples Apple Cake	29
30 BBQ Chicken Leg Quarter Peas Mac & Cheese Fresh Fruit Corn Muffin	31					

