

Perquimans County Senior Citizens Center
Activity Calendar

| Monday, November 23 | Tuesday, November 24 | Wednesday, November 25 | Thursday, November 26 | Friday, November 27 |
|------------------------------------|----------------------|------------------------|-----------------------|---------------------|
| | | | | |
| Center Open 8:30am to 4:00pm | | | | |
| | | | | |
| Exercise Class | Rock Painting | Exercise Class | Closed | Closed |
| 9:30-10:30am | 9:00-11:00am | 9:30-10:30am | | |
| | | | | |
| Fitness Room | Fitness Room | Fitness Room | Fitness Room | Fitness Room |
| 8:30-9:30am | 8:30-9:30am | 8:30-9:30am | | |
| 9:45-10:45am | 9:45-10:45am | 9:45-10:45am | | |
| 1:00-1:45pm | 1:00-1:45pm | 1:00-1:45pm | | |
| 2:00-2:45pm | 2:00-2:45pm | 2:00-2:45pm | | |
| 3:00-3:45pm | 3:00-3:45pm | 3:00-3:45pm | | |
| | | | | |
| Game Room | Game Room | Game Room | Game Room | Game Room |
| 9:00-11:00am | 9:00-11:00am | 9:00-11:00am | | |
| 1:00-4:00pm | 1:00-4:00pm | 1:00-4:00pm | | |
| | | | | |
| | | | | |
| Computer Lab | Computer Lab | Computer Lab | Computer Lab | Computer Lab |
| 8:30-9:30am | 8:30-9:30am | 8:30-9:30am | | |
| 9:45-10:45am | 9:45-10:45am | 9:45-10:45am | | |
| 1:15-2:30pm | 1:15-2:30pm | 1:15-2:30pm | | |
| 2:45-4:00pm | 2:45-4:00pm | 2:45-4:00pm | | |
| | | | | |
| Table Games | Zumba | Table Games | | |
| 1:00-4:00pm | 2:00-3:00pm | 1:00-4:00pm | | |
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| Center Closed from 11:00am. To 1pm | | | | |
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