

June 2023

Perquimans County Center for Active Living

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website:

www.pcactiveliving.org

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Fishing Adventure—8 am Rock Painting—9 am Choir—1 pm	2 Zumba—10:30 am Shuffleboard—10:30 am	3
4	5 Take Back Your Space—10:30 am	6 Morris Farms/Grandy Market & Lunch Belcross Bakery—8:30 am	7 Master Gardeners— 8:30 am EMS Team Basic Vitals—10:15 am Hand Bells w/Ms Peggy—10:30 am Birthday Celebration!	8 Acrylics w/Sandra—9 am Watercolor w/ Tina—1:30 pm Choir—11:45 am	9 WEAAD Walk — 9:00 am Zumba—10:30 am	10
11	12 Creative Writing— 10:30 am	13 American Sign-Language —9 am Pool Party—12:30 pm	14 Master Gardeners— 8:30 am Father's Day Celebration— 10:30 am	15 Choir—11:45 am Sew Much Fun—1 pm Archery— 2:30 pm	16 Bocce—10:30 am Photography— 10:30 am Zumba—10:30 am	17
18 	19 Shuffleboard— 10:30 am Tie Dye—1:00 pm	20 American Sign-Language — 9 am—10 am Shopping—9 am	21 Master Gardeners— 8:30 am Bread Making —10:30 am	22 Choir—11:45 am Acrylics w/Tina—1:30 pm	23 Drums alive—10:30 Zumba—10:30 am	24
25	26 Step & Slide w/ Shirley, Mamie & Sera—10:30 am	27 American Sign-Language—9 am -10 am Lunch & Movie— TBA No Line Dancing	28 Master Gardeners— 8:30 am Impacts of Fraud w/Crystal Howard, PNC Asst VP— 10:30 am	29 Ceramics w/Penny—8:30am Choir—11:45 am No Line Dancing	30 Bocce—10:30 am Zumba—10:30 am	