



**Perquimans County
Center for Active Living**

June 2024

Phone: 252-426-5404

Fax: 252-426-1296

Website: www.pcactiveliving.org

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 YARD SALE 8-12
2	3 Serve Safely: food handling—10:30	4 Lunch @ Frog Island and thrift shopping—10:30	5 Community Gardening—8:30 EMS Vitals—10:15 Handbells—10:30	6 Rock Painting — 9:00 Choir—1:00	7 World Elder Abuse Awareness Walk in Elizabeth City— 9:15	8
9	10 Community Health Needs Assessment —10:30 Creative Writing— 10:30	11 Lunch & Movie— 11:00	12 Community Gardening—8:30 Father’s Day Ice Cream Social— 12:00	13 Acrylic Painting with Stella Faye— 9:00 Archery—1:30	14 Croquet @ Doodle Hill w/stop at Layden’s—9:00 Dance Fitness— 10:30	15
16	17 Caregivers’ Work- shop w/Ashley Lamb — 10:30	18 Fishing @ Holiday Island—8:00	19 Community Gardening—8:30 Advanced Care Planning—10:30 Photography Field Trip—10:30	20 Craft w/Penny: Paint pouring— 9:00 Sew Much Fun— 1:00	21 Shuffleboard— 10:30	22
23	24 Storytime with Ted Weeks—10:30 Stroll Downtown Hertford—12:30	25 Shopping Greenbrier—9:00	26 Community Gardening—8:30	27 Acrylic Painting with Tina—1:00	28 Dance Fitness— 10:30 Cornhole—10:30	29
30						