



Perquimans County, NC

COVID-19 Situation Report #76 10/15/20 17:00

Latest Information In Red

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|--|--|-----------------|---------------------|----------|
| County Name | Perquimans County | | | |
| COVID-19 Cases | 218 Lab Confirmed | 20 Cases Active | 195 Cases Recovered | 3 Deaths |
| County EOC Open | Open Daily Mon-Fri *8am-5pm* Monitoring Other Times | | | |
| County SOE | Effective 03/18/2020 @ 17:00 | | | |
| Governor Cooper's Executive Orders | All Executive Orders https://www.nc.gov/covid-19/covid-19-executive-orders | | | |
| Public Schools | Beginning October 19, 2020, grades K-5 will transition to Plan A after recent board approval and collaboration from Albemarle Regional Health Services. While social distancing is recommended in Plan A, it is not required for the classrooms or buses even though the school still intends to social distance students as much as possible. Other safety precautions such as health screenings, masks, and disinfection procedures will remain as they are today. | | | |
| Perquimans County Recreation Department | Aerobic kickboxing, strength training & toning, and Zumba have resumed in person and yoga is currently being offered through ZOOM. Volleyball and soccer seasons are planned for October 26 - December 5, 2020 with limited capacity in the gym. Spectators are required to wear face masks at all times and coaches and players are required to wear them when they are not currently playing a game. | | | |
| Perquimans County Senior Center | Reopening on Monday, October 19, 2020 with limited capacity. Visit www.pcseniors.org for more information about the schedule and call 252-426-5404 to make your activity reservation. | | | |
| Public Health Priorities | Protect the Public's Health | | | |
| | Protect the health of the most vulnerable populations identified during this response | | | |
| | Minimize public disruption to the extent possible while also preventing future spread of COVID-19 | | | |
| | Continue to provide essential public health services | | | |
| | Continue to provide essential governmental services | | | |
| Support Resources for the Community and Health Care Workers | Integrated Family Services - 1-866-437-1821 - Mobile crisis services involve all support, services, and treatment necessary to provide integrated crisis response, crisis stabilization interventions, and crisis prevention activities 24 hours a day / 7 days a week. Crisis intervention services are provided at any location in the community to reduce barriers to | | | |
| | Hope 4 NC Helpline - 855-587-3463 - This helpline is available 24 hours a day/ 7 days a week and connects North Carolinians to additional mental health and resilience supports that help them cope and build resilience during times of | | | |
| | Hope 4 Healers Helpline - 919-226-2002 - This helpline provides mental health and resilience support for health care professionals, emergency medical specialists, first responders, school staff, other staff who work in health care settings and their families throughout the state who are experiencing stress from being on the front lines of the state's COVID-19 response. Hope4Healers is also available 24 hours per day, seven days a week for people to reach out for support; they will be contacted quickly by a licensed mental health professional for follow-up. | | | |
| Resources Requested, Received or Distributed | None at this time. | | | |
| COVID-19 Testing Site | Perquimans County Health Department is offering curbside COVID-19 tests on Tuesdays from 1-3 pm by appointment only. Please call 252-426-2100 for additional information and to schedule your appointment. | | | |

