



ALBEMARLE REGIONAL HEALTH SERVICES
Partners in Public Health

711 Roanoke Ave. Elizabeth City, NC 27909

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FOR IMMEDIATE RELEASE

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ALBEMARLE REGIONAL HEALTH SERVICES REPORTS ADDITIONAL COVID-19 DEATHS IN BERTIE and PERQUIMANS COUNTIES

Elizabeth City, NC - Albemarle Regional Health Services (ARHS) has received notification confirming three additional deaths associated with COVID-19 in Bertie County residents. Each individual was over the age of 65 and succumbed to complications from COVID-19. These deaths are related to the facility outbreak at Three Rivers Health and Rehabilitation.

In addition, ARHS has also received notification of a COVID-19 related death in a Perquimans County resident. The individual was over the age 65 and succumbed to complications related to the virus. This death is not associated with any facility outbreaks. To protect the families' privacy, no further information about these patients will be released.

ARHS is continuing to ask our community citizens to be mindful in practicing preventive and safety measures.

These precautions include:

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.
- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing. If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if hands are visibly dirty.
- Practice social distancing; stay at least six feet away from others, avoid unnecessary travel, avoid handshakes, hugs and other close contact.
- Wear a cloth face covering in public when social distancing measures are hard to maintain.

For more information about COVID-19, visit these sites:

Albemarle Regional Health Services - <http://www.arhs-nc.org/> or call **252-338-WELL**

North Carolina Department of Health and Human Services - <https://www.ncdhhs.gov/>

Center for Disease Control - <https://www.cdc.gov/>

For more information, please contact Amy Underhill, at 252-338-4448 or aunderhill@arhs-nc.org.

Albemarle Regional Health Services is dedicated to disease prevention and the promotion of a healthy environment to reduce morbidity, mortality, and disability through quality service, education, and advocacy.

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